

Sermon Notes: September 24, 2017

Habits

Series: "Little Things That Make a Big Difference"

James 1:13-15 • Jason Vermuelen

- We all have a life trajectory.
- When something impacts your trajectory, that can be a defining moment.
- Habits can change your trajectory. Like a pebble dropped in a pool, little things can make a big difference in your life.
- Identify and replace negative habits.

Some good habits:

- The habit of meditation
- The habit of confession
- The habit of intentional relationship

Life Application:

- Search "3DM The Learning Circle" on YouTube.com and watch one of the explanatory videos. How can you engage in this process?
- Take 15 minutes to pray, asking God to reveal what's in your heart (Ps. 139:23-24). Then, consider whether there are negative habits in your life. Acknowledge that in Christ you are a New Creation (2 Cor. 5:17), then ask Him for strength to replace these habits.
- Pick one of the three habits from today, and decide on an easy next step that you will take this week.